

movewell

emersonwelleivateSM



EPA Ultimate Fish Oil is an omega-3 essential fatty acid dietary supplement that supports arachidonic acid metabolism as well as overall emotional well-being. The fish oils in EPA Ultimate are extracted using 75% less carbon emissions than other methods.



Vitamin D₃ Liquid naturally supports calcium absorption and retention within bones to promote optimal bone health. Vitamin D₃ also supports colon health by promoting healthy cellular function.



Magnesium (citrate/malate) is a highly bioavailable magnesium chelate, which supports the metabolism and utilization of carbohydrates, amino acids and fats for energy. Magnesium (aspartate) helps activate enzymes for physiological functions including cardiac health.



Flora 50-14 Probiotic: A healthy microbiome is integral to optimal health. Without this balance, the large intestine cannot perform its most important job—to support the growth of bacteria needed to produce essential vitamins such as B1, B2, B12 and K. These bacteria also perform other key functions, such as building the immune system and preventing the growth of harmful bacteria. A loss of intestinal balance can create a negative cascade effect on body systems and ultimately affect overall health.